



Building a Community Legacy Together (BCLT)

An intergenerational program for youth and older adults

The BCLT project provides a structured, fun opportunity for elders living in the community to be interviewed about their wisdom and advice for living by high school-aged students. This project encourages youth and elders to share and learn about each other's generation and is expected to create an atmosphere of mutual respect and appreciation for the wisdom of age.

If you are 65 years or older you are invited!

Cornell Cooperative Extension is looking for 20 elders to participate in this groundbreaking program.

If you or someone you know is interested in participating, please call Cornell Cooperative Extension at 845-344-1234.

WHEN: Fall 2016

HOW LONG: approx. 5 hours

WHY: By participating you will contribute to a body of research focusing on the wisdom of elders. Through this process you will help advise youth about important life lessons, as they gain interview and presentation skills.

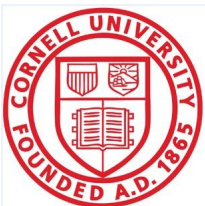
HOW: Once you agree to participate, you will be assigned to one of two groups:

Group A

- be matched with youth
- receive interview questions
- be interviewed by youth
- attend community presentation (if interested)

Group B

- Complete pre- and post-survey



Cornell University
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The BCLT is based on the success of the Cornell Legacy Project in which more than one thousand Americans over the age of 65 were interviewed to seek their practical advice on issues such as marriage, work and career, raising children, finding happiness, and avoiding regrets. These lessons for living are described in detail in the easy-to-read book *30 Lessons for Living: Tried and True Advice from the Wisest Americans* (Pillemer, 2011).